



GROUP GUIDE

Week of February 22

THE VISION

Watch [Pastor Ryan's video](#) to get the conversation started.

- The mission of groups at Traders Point is to develop and deploy disciple makers. What does it mean to develop yourself? How does a small group deploy disciple makers?
- Who are you currently being developed into? What is contributing to your development?
- How could studying the New Testament Bible Reading Plan as a group help you equip for battle (part of the overall Traders Point mission)? Why is this essential for disciples?

SPIRITUAL DISCIPLINE: DAILY DEVOTION

Through Scripture, God equips us with all we need to learn about Him and live a life pleasing to Him. A daily rhythm of reading, meditating on, and applying God's Word to our lives is key. As you prepare to lean into this discipline, discuss the following questions:

- Think about a time where you were most connected to God through Scripture. What was it about that season that made you so connected?
- What is your current rhythm for engaging with Scripture?
- What could keep you from being unsuccessful in engaging in Scripture this week? What can you do to keep that from happening?

SCRIPTURE

Take a look at the [POST Study Method](#), linked here or on page 2. This is the method we recommend group members use each day when they read individually.

Do a quick overview of this Bible study method as a group, and then put it into practice by reading [Mark 4](#) and applying POST together. You might not have time to walk through every aspect of POST today, but the goal is just to practice together!

TAKE ACTION

Be sure to set aside time for the Take Action portion of the guide and create "I will" statements with your group.

POST STUDY METHOD

STEP 1: PRAY AND PREPARE

- **PRAY** - Invite the Holy Spirit into your time, asking Him to teach you and speak to your heart. Turn over anything that may be distracting you.
- **PREPARE** - Watch the Bible Project video overview for the book you're reading and write down any observations or questions you have.

STEP 2: OBSERVE

Read your chapter of Scripture multiple times for comprehension. Then, follow the suggestions listed below.

- **OUTLINE** - For this step, read the entire chapter and break it into sections that make the most sense to you. Outlining will cause you to naturally make observations you may have missed on a first reading.
- **ISPY** - Go through the chapter and underline or circle repeated words and phrases. Repetition is usually an indicator of something important. Look for answers to who, what, where, when, and why. Look for connection words like but, if, therefore, etc. They can help you see important comparisons, contrasts, and connections. Look for cultural and historical ideas that may be rooted in the culture at the time of the writing.
- **WRITE DOWN QUESTIONS** that come up as you study.
- **MAKE BULLETED LISTS, PARAPHRASE OR SUMMARIZE** what you observe by creating your own title for the passage.

STEP 3: SEEK OUT

Now read other translations, commentaries, and/or study Bible notes to check your work, gain further insight and answer any remaining questions from Step 2.

STEP 4: TAKE ACTION

1. What does this passage teach me about God and following Him?
2. What is God saying to me as I read His Word and listen to His voice?
3. What do I need to do to obey Him? (Make a tangible and practical commitment.) "I will..."

