



# GROUP STUDY GUIDE

WEEK OF JULY 6, 2025 | PRAYING IN THE SPIRIT

## WARM-UP QUESTION

Take a moment to check in: How did your “I will” statements go this past week?

## DISCUSS

### Read Ephesians 6:17-20

- What does the invitation to “pray in the Spirit on all occasions with all kinds of prayers” reveal about God’s accessibility, patience, and desire for relationship with us?
- Where else in Scripture do we see Jesus modeling a life of prayer, especially in times of spiritual battle or decision-making? How do those examples deepen your understanding of the importance of prayer?
- Paul asks for boldness to proclaim the gospel. What does this teach us about the purpose of prayer, not just for personal needs but for the advancement of God’s kingdom?
- Why do you think Paul ends the list of armor with the Word of God and prayer rather than a physical or defensive item?

### Read Romans 8:26-27

- When have you struggled to pray or not known what to pray for? How does knowing the Spirit intercedes for you encourage or challenge you?
- How does the idea that God “knows all hearts” make you feel? Comforted, exposed, both? Why?
- Why might it be important that the Spirit prays “in accordance with the will of God”?
- How intentional are you about prayer being a central part of your spiritual battle plan? How can you practice leaning into the Spirit’s help in prayer this week?

## TAKE ACTION

**What is God speaking to you? What is the next step of obedience you can take this week?**

Craft a personal and practical “I will” statement:

- Keep it specific, realistic, and doable this week.
- Share your “I will” statement with the group for encouragement and accountability.