



GROUP STUDY GUIDE

WEEK OF AUGUST 9 & 10, 2025 | PREPARE TO GROW

WARM-UP QUESTION

Take a moment to check in: How did your “I will” statements go this past week?

DISCUSS

Read 1 Peter 1:13-21

- What does it practically look like to prepare your mind for spiritual growth?
- Read 1 Corinthians 3:1-2. Why do you think Paul is so frustrated with the Corinthian Christians? How does that relate to what Peter says in this section?
- What does it mean to pursue holiness in today’s culture? How do you guard yourself from slipping into “old ways”?
- How does the finished work of Jesus affect the way you live and interact with people around you? What gaps do you see for yourself?

Read 1 Peter 1:22-25, 2:1-3

- How is obedience to God connected to the way we love others? Can someone claim to follow Jesus without growing in love for people?
- Verses 24-25 quote Isaiah to emphasize the contrast between human frailty and security in God’s truth. What does this say about God’s sovereignty over time, nations, and even our own individual lives?
- In what ways can isolation hinder your spiritual growth? How have you experienced that in your life?
- Do you hunger and thirst for God’s Word? What steps can you take to develop a desire to be in the Word?

TAKE ACTION

Which of the four growth areas (mental, moral, relational, and understanding) do you feel strongest in right now? Which needs the most attention? Cry out to God for the nourishment that you need, and He will answer!

Craft a personal and practical “I will” statement (ex: I will pray with my kids and for my kids every day this week):

- Keep it specific, realistic, and doable this week.
- Share your “I will” statement with the group for encouragement and accountability.