



GROUP GUIDE

WEEK OF JANUARY 31 & FEBRUARY 1, 2026 | WHEN TRUTH CONFRONTS

DISCUSS

Read Mark 1:21-28 together

Jesus in the Synagogue

THE CALL OF JESUS

- What feelings come up when you think about Jesus and His authority? What can you see in the first couple of verses that can give you hope that His authority is good?
- Where else in the Bible can you find Jesus being authoritative? Are there any similarities to this story?
- How does the authority of Jesus confront evil?
- How does knowing that demons recognize that Jesus is the Holy One of God and that they know Scripture, change the way we equip for battle?
- Synagogue means “to gather together.” Do you perceive the gathering place (church) as an obligation or as an organized rescue mission? How does that affect how you want to engage in the mission?

Read Mark 1:29-34 together

Jesus Heals Many

- Find another example in a different Gospel of Jesus healing someone that is NOT in the book of Mark. What happened?
- He has authority over sickness, disease, and demons. What healing are you needing in your life that could use the authority of Jesus?
- What is Jesus’ heart for healing so many people? Do you think he’s more concerned about their physical healing or spiritual healing? Explain your answer! Does this change your answer to the previous question?

REFLECTION

- One area of your life that you are finding it hard to submit to His authority
- One way you can shift your mindset towards the church to see it as an imperfect, organized rescue mission
- Explain one time that you have seen Jesus heal physically or spiritually either in your life or someone close to you

TAKE ACTION

Create a “Mark Journal.” Encourage each group member to bring it each weekend as you journey through the Gospel of Mark and jot down three reflections:

- One thing I learned
- One thing that challenged me
- One thing God is asking me to do

Invite group members to share a reflection for accountability and encouragement. Pray to end group time.