



GROUP GUIDE

WEEK OF JANUARY 3 & 4, 2026 | A LIVING SACRIFICE

WARM-UP QUESTION

Where did you notice God at work during the holiday season?

DISCUSS

Read Romans 12:1-2

- What does it practically look like to give your whole body and life to God as an act of worship?
- Where does your mind need to be renewed, and how does God need to transform the way you think?
- How does trusting that God's will is good, pleasing, and perfect affect how you live and depend on Him?
- What habits, behaviors, or customs do you easily get caught up in, and how does gratitude for what God has done help shape your worship?

PRAY

Divide the following bullet points among your group and spend time praying together toward these things:

- Courage to offer our bodies as a living sacrifice
- Strength to stay on the altar when it gets hot (when we face challenges)
- Renewed minds that are not conformed to the patterns of this world
- Clarity about God's will for our lives
- We would partner with God in all things rather than asking Him to bless the lives we have already chosen
- Hearts that delight in the Lord above all else
- To be formed more into the glorious image of Jesus

TAKE ACTION

We must change the way we think by reframing our days as living sacrifices, reading and practicing God's Word, maintaining daily prayer relationships with Jesus, and repenting where necessary to allow God to change our minds.

What is God speaking to you? What is the next step of obedience you can take this week?

Craft a personal and practical "I will" statement:

- Keep it specific, realistic, and doable this week (ex: I will choose to read my Bible instead of watching TV before bed).
- Share your "I will" statement with the group for encouragement and accountability.