



GROUP STUDY GUIDE

WEEK OF AUGUST 30 & 31, 2025 | MARRIAGE TRAINING FOR EXILES

WARM-UP QUESTION

Take a moment to check in: How did your “I will” statements go this past week?

DISCUSS

Read 1 Peter 3:1-7

- Where have you seen God at work in relationships (marriages, friendships, mentorships, or family) that have most impacted you?

Peter’s instructions are not about personality types. A “gentle and quiet spirit” doesn’t mean bold or assertive women should suppress their voices, and “understanding” doesn’t mean husbands must be naturally empathetic. These are qualities that come from the Holy Spirit. When Peter uses the word “quiet” (hēsychios), he’s pointing to a trait that comes from The Spirit that is steady and peaceable—not silent or introverted.

- How does the fruit of the Spirit (Galatians 5:22–23) refine your personality and help you grow into the characteristics Peter calls for in relationships?
- Peter talks about unbelieving husbands being won over “without words.” How can all believers, married or not, let the wisdom of godly lives speak louder than our words?
- Peter mentions Sarah as a model for wives. Who was Sarah (Genesis 12–23), and what can all believers learn from her trust in God?
- What does it look like to be “considerate” or “understanding” of those closest to us, whether a spouse, a friend, or a family member?
- Peter warns that husbands’ prayers can be hindered if they fail to treat her as they should. Why do you think God ties spiritual effectiveness to how a husband treats his wife?
- Both husbands and wives are called to live “in the same way.” What shared calling do they have? Where do the instructions differ?
- How do the shared and unique callings in our relationships reflect God’s character?

TAKE ACTION

Craft a personal and practical “I will” statement (ex: I will pray for the marriages in my life every night this week):

- Keep it specific, realistic, and doable this week.
- Share your “I will” statement with the group for encouragement and accountability.