



GROUP GUIDE

Week of July 5

COMMUNION (5 minutes)

As we begin a new month, we will begin by taking part in communion as a group. Communion is an act of worship, a time to pause, reflect, turn from sin, and remember what Jesus has done. This is an opportunity to remember Jesus and place your hope in Him as individuals and as the body of Christ.

PREPARATION Before you begin, gather some grape juice and bread or whatever elements you have available that most closely resemble these. Once you are ready, follow the prompts below:

PAUSE & REFLECT Invite God to search your heart and receive His grace. "Search me, God, and know my heart." - Psalm 139:23

Prayer: "Lord, show me anything that separates me from You. I receive Your forgiveness and grace."

RECEIVE THE BREAD Eat the bread and remember Jesus' body given for you. "This is my body, which is for you." - 1 Corinthians 11:24

Prayer: "Jesus, thank You for giving Yourself for me. Help me follow You with humility and love. Amen."

RECEIVE THE CUP Drink the cup and remember His blood brings forgiveness and new life. In Him we have redemption through His blood, the forgiveness of sins. - Ephesians 1:7

Prayer: "Jesus, thank You for Your grace that makes me new. Lead me to live in freedom and hope. Amen."

SPIRITUAL RHYTHM: WORSHIP (10 minutes)

This month, our spiritual discipline is worship. Before we dive into the weeks ahead, let's slow down and just talk about what it actually is, what it has meant to us, and how much bigger it might be than we've thought.

- What do you know about worship? When you hear that word, what comes to mind first?
- What has worship meant to you in different seasons of your life? Has your understanding of it shifted over time?
- Do you see worship as something that only happens during a church service or through music, or have you experienced it as something bigger than that?
- What spaces or moments in your daily life could become worship? What would that actually look like for you this week?



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SCRIPTURE: ROMANS 9–13 (JUNE 29–JULY 3) (50 minutes)

- The potter and clay image in verses 20–21 is one of the most vivid pictures of God's sovereignty in all of Scripture. What does it stir in you? Do you find it humbling, reassuring, or something else entirely?
- Romans 10:14–15 asks, "How will they hear without someone preaching?" Who in your life hasn't heard? What is one step you could take toward them? You do not need to be a preacher to share the gospel with those around you; that is a call the Lord gives to all of us.
- Verses 11:20–21 are a direct warning – don't be arrogant but stand in awe. Where do you think pride or a sense of spiritual entitlement can creep into your faith without you noticing it?
- Romans 12:1 calls us to offer our bodies as a living sacrifice. Paul calls this our "true and proper worship." How does that connect to our theme of worship this month? What does it change about how you see your ordinary day?
- Romans 12:2 says don't conform, but be transformed by the renewing of your mind. Where is conformity to the world's patterns the biggest pull in your life right now?
- How do the verses in chapter 12 about the "marks" of a Christian hit you? What marks do you struggle with, or which ones are you gifted at?
- How do you hold what Romans 13:11–13 says? Does this scare you? Does this convict you? Does it excite you?

TAKE ACTION (20 minutes)

Reflect on what "mark" you can work on this week from Romans 12:9–21. Then, use an "I will" statement as a framework to share your answers. Be ready to follow up with each other next time you meet on how your "I will" statements went.