



WARM UP QUESTION

What is something you regularly feel guilty about in life?

1 **Read Psalm 32:1-2**. What three words for sin does David use in these verses? What three words describe God's response to it? What gospel truth does each word point to? Does everyone experience this? What words describe those who do?

2 **Read Psalm 32:3-5**. How does David describe his experience of refusing to confess sin in verses 3-4? Talk about a time in your life when you could identify. How is God's "hand of discipline" actually a gift? What does David finally do after his moment of pause and what does he find waiting for him on the other side of confession?

3 **Read Psalm 32:6-7**. As David moves to instruction in verse 6, what do you think he means by "while there is still time"? What words in verse 7 describe a restored fellowship with God? Have you ever experienced what David is describing here? What does it look like practically?

4 **Read Psalm 32:8-11**. What promises does God make to His people in verse 8? What are we not believing about this truth when we refuse to come to God? Read verse 9 in a few translations. How much joy do you imagine the stubborn horse and mule are experiencing in life? When are you like them?

5 **Read 1 John 1:9 and James 5:16**. Do you regularly practice the commands of these verses? Why or why not? What are the results of doing each? How does the story of Christmas satisfy the guilt of humanity?

RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

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