



# GROUP STUDY GUIDE

WEEK OF JANUARY 5, 2025 | I WILL CHOOSE TO BE CONSISTENT

During this series, our prayer is that your group will identify and take tangible steps to grow in your faith. Be sure to save at least 15-20 minutes of your group time to walk through the TAKE ACTION portion of the message guide to create your own “I will” statements.

## WARM-UP QUESTION

What are your hopes for 2025? What are you expectant for God to do this year?

## DISCUSS

Start your discussion by sharing what stood out to you from Sunday’s message. Were there any new insights or key takeaways for you?

Read [Galatians 6:7-9](#)

- What do you notice in this passage?
- What does this passage teach you about God? What does God ask of His people?
- What is the difference between pleasing the flesh and pleasing the Spirit? How have you seen this play out in your life or in the lives of those around you?
- Read verse 9 again. Why do you think Paul included this verse? Where do you see hope in it?

Read [Romans 7:15-19](#)

- How would you rephrase this passage in your own words?
- What do you learn about the sinful nature of humans in this passage? Why do you think it’s so hard for us to do what is right?
- In what circumstances have you seen these verses be true in your life?
- Why would we study this passage when learning about the statement, “I will choose to be consistent.”?

Think about the statement, “We will choose to be consistent in our group attendance in 2025.”

- Has consistency been a challenge for your group? If not, what can you keep doing? If it has been a challenge, what has kept you from participating in group consistently?
- What will it take for your group to live out this statement? How can you hold each other accountable?

## TAKE ACTION

Over and over in Scripture, we see the importance of knowing and doing. Take some time to make an individual commitment statement (I will...) based on what you’ve learned this week.



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What is God calling you to do in order to experience real change in your faith? Think through the following lenses:

- **Consistent:** regular and daily
- **Actionable:** I can see it and measure it
- **Behavior:** more than a feeling or good intention
- **Overtime:** I am not going to give up

Spend a few minutes praying as a group, asking God to show you what He's saying and what you need to obey to help craft your "I will" statement. Then, after praying, share your "I will" statements, keeping them as simple and practical as possible. Examples of "I will" statements could be, *"I will read my Bible each morning before breakfast."* or, *"I will attend a worship service every Sunday in January."*