

WARM UP QUESTION

When was a time you got angry over something silly?

- Read <u>Matthew 5:21-22</u>. How does Jesus broaden and deepen the letter of the law to include the heart behind it? What three things are the people in verse 22 guilty of according to Jesus (notice where the anger is directed)? Anger with another person usually leads to devaluing them, writing them off, or even considering them evil. Are you guilty of any of these? With whom?
- **Read Matthew 5:23-24.** Jesus offers His first suggestion in these verses for how to break the vicious cycle of anger. Explain His words using modern day examples. What does our relationship with God have to do with our relationship to others?
- **Read Matthew 5:25-26.** In His second example for how to break the cycle of anger, when does Jesus say we should settle disputes with others? What kind of prison is Jesus talking about in verse 25? Have you ever experienced forgiving someone else that led to your own freedom?
- **Read Matthew 5:27-28.** What second command, directed at external action, does Jesus now address at the heart level? Lust doesn't trust God to provide His best. What in the kingdom of this world do you lust after? Read <u>James 4:1-4</u>. How might your lust be causing you to commit adultery, against your spouse and/or against God?
- Read <u>Matthew 5:29-30</u>. How does Jesus use hyperbole, or exaggeration, to get His point across about how seriously He takes sin? Why does God hate sin so much? Share together as a group about what step you need to take, no matter how drastic, to begin to root a specific sin out of your life. Repent together and ask God to do what only He can do redeem and restore.

RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at <u>tpcc.org/dbr</u>. Use your group chat to check in on thoughts about these throughout the week!