

WARM UP QUESTION

What are you most likely to worry about on a regular basis?

- **Read Matthew 6:25-27.** What three specific things does Jesus tell us not to worry about in verse 25? How do each of these things point to a root of focus on self rather than on God (see <u>1 John 2:16-17</u> for help)? How does misguided focus lead to worry? What do the birds teach us about what is important to God?
- Read <u>Matthew 6:28-30</u>. What does Jesus call out in His disciples at the end of verse 30? How does a deficiency of faith lead to worry? How do you get to know the character of God? Has a bigger or more accurate view of God ever caused you to trust more and worry less?
- Read <u>Matthew 6:31-33</u>. How does Jesus contrast the life of the unbeliever with that of the believer? What is the fruit that marks each of their lives? What does Jesus tell us to replace worry with in verse 33? What promise does Jesus make to those who live with rightly ordered priorities? What does your everyday life show about your priorities and what you seek?
- **Read Matthew 6:34.** When has worrying about something in the future caused you to miss something that God has for you in the present? Why do you think God doesn't show us His entire plan for our lives? What's the next right step of obedience you feel God asking you to take?
- **Read Philippians 4:6-9.** What steps can you take to turn worry into prayer before it becomes something you dwell and ruminate on? How is verse 8 a good test for your thought life? What do you learn about God's peace from verses 7 and 9?

RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at <u>tpcc.org/dbr</u>. Use your group chat to check in on thoughts about these throughout the week!