



ACHILLES

MESSAGE REVIEW

Pride is the enemy of the way of life Jesus invites us to. It stretches us beyond our capacities, not letting us off the treadmill of striving until we snap. But the simple work that Jesus invites us into is one of learning from and abiding in Him. It is only when we allow ourselves to be poured into by Him and filled with the Holy Spirit that we can adequately pour out to others and work from a place of true rest.

WARM UP QUESTION

What is the easiest work you have ever done?

- 1** **Read Matthew 11:25-30.** What are 'these things' Jesus is referring to in verse 25? Who has God revealed them to and hidden them from, and why? In what areas of your life do you try to be wise and clever?
- 2** What do you think verse 27 has to do with verses 28-30? [See this article](#) if you need more help. Why is the exclusivity of verse 27 also a reason for us to come to Jesus?
- 3** What does it look like for you to come to Jesus (when, why, and how do you do it)? What kinds of heavy burdens do you think the people in Jesus' day were carrying (think back to Matthew 23 from last week)? What heavy burdens are you carrying that you haven't come to Jesus with?

A yoke still implies work. What do you think is the work Jesus has for us? Looking at verse 29, what does He want us to let Him do? Have you ever seen learning from Jesus and abiding in Him as the work He has called you to? How could living like this allow you to live from a place of freedom and rest? How is this type of rest different from just napping and indulging ourselves?
- 4**
- 5** **Read 1 Thessalonians 4:11-12.** How do your goals in life compare to the goal that verse 11 tells us to have? Of the three imperative statements of this verse, which one stands out most as a growth area for you? What is the result of living in such a way according to verse 12?

RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

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