

MESSAGE REVIEW

The temptation of Jesus in the wilderness shows us three kinds of bait Satan uses to tempt us – desire, deception and disobedience. We can't overcome temptation by trying harder. By the power of the Holy Spirit in us, we overcome temptation through heart change and a great love for God. Jesus emerged from the wilderness full of the Holy Spirit's power, victorious, spiritually strengthened, and battle-ready.

WARM UP QUESTION

Have you ever fasted from anything? Describe the experience.

- **Read Luke 4:1-14.** Describe the scene in vs. 1-2. Where is Jesus returning from (3:21-22) and where is he headed? At the end of the 40 days, describe the state Jesus is in when Satan begins tempting Him.
- Satan tempts Jesus three times in these verses (3, 6-7, 9-11). What is at the root of each temptation? Which temptation do you identify with most: turning something good into something ultimate, trying to go around God to get something only God can provide, or interpreting God's goodness through your circumstances rather than His promises?
- How does Jesus respond to each temptation? How good are you at recognizing Satan's temptations in your life? How do you typically respond?
- What final, important thing do we learn about temptation from verse 13? (See also **James 1:13-14 and 4:7**).
- **Read Hebrews 4:14-16.** Why is it important for us to know Jesus was subject to temptation? Why can we not overcome temptation with behavior modification or by trying harder? How do we?

RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

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