WARM-UP QUESTION

What is something you've been especially thankful for this week? How has gratitude impacted your perspective?

DISCUSS

Read Philippians 4:4-9

- Paul encourages us to always rejoice in the Lord. What does this look like practically, especially during difficult circumstances?
- Verse 6 tells us to bring all our needs to God with thanksgiving. How has prayer helped you experience God's peace in the past?
- How would your relationship with God change if you started more intentionally thanking Him?
- Paul urges us to practice what we've learned from him (verse 9). What does this verse teach you about discipleship? How can your group intentionally live out verse 9 together this week?

Read Philippians 4:10-13

- Paul writes about being content in all circumstances while in prison. How does knowing this was written from jail change how you read this passage?
- Verse 13 is often quoted out of context. How have you heard it talked about in the past?
 When you read it within the larger passage, how does its meaning shift?
- What does it practically look like to be content in all things? Why is contentment not something we can simply "choose," and how does surrendering to God help us grow in contentment?

Read Philippians 4:14-20

- What stands out about Paul's relationship with the Philippians in this passage? What does
 this teach you about the importance of mutual support among believers?
- In verse 18, Paul says, "At the moment, I have all I need—and more." How does this connect to his earlier statements in verses 11-12?
- Verse 19 highlights God's provision. How can trusting God's provision lead to greater generosity in our lives?
- What does generosity look like in all areas of life (time, resources, relationships)? What specific lessons about generosity do you find in this passage?



RESPOND

- Take some time to ask God to reveal to you what generosity looks like in this season of life?
- Based on today's discussion, what is one way God is prompting you to trust Him more—in joy, contentment or generosity?
- Pray together as a group, asking God to help you trust Him fully and to live out the lessons from this passage. Thank Him for His provision and the peace that comes through surrender.