

Message Study | FOBO | How Do I Find The One? February 9, 2019

Dive deeper into this week's message and passages from the Bible. Here are some questions to help you guide your group discussion.

Message Review: Laying the title of 'soulmate' on someone will literally crush their soul. We aren't made to carry that kind of weight. You are 'the one' Jesus died for, the one who is loved by God and adopted by God. He looks at you and says, 'You are my child, and you are enough!'

Warm-up Question: Where is a place you like to go and just wander?

Read Ephesians 5:31-33

- How is 'the two are united into one' (verse 31) different than two halves becoming whole?
- What does a Biblical marriage illustrate (verse 32)? How does this illustration dismiss the idea of a 'soulmate'?
- If you're single with a desire to marry someday, how does this release you from the pressure of having to find 'the one'?
- If you're married, in what areas have you ever fallen into the trap of expecting your spouse to be perfect and fulfill you in ways only God can do? How can you, instead of focusing on imperfections, be helping your spouse grow more into the image of Jesus?

Read Proverbs 7:6-27

- Describe the scene in verses 6-9. What do you notice right away about the young man and the decisions he is making?
- Describe a time in your life when you were in a similar situation – facing a fork in the road decision and you made a slight move in the wrong direction or allowed yourself to take a tiny step toward the temptation rather than away from it? What was the result?
- Sure enough, the woman approaches him. What stands out to you about this woman and how she approaches him in verses 10-21?
- What do both the young man and this woman likely believe about God's plan for their happiness vs. the other options the world is promising will bring them happiness?
- How do verses 22-27 illustrate the gravity of the situation?
- The father gives sound advice to his son in verse 25. What's the problem with our hearts?
- Ryan gave some tips on how to keep our hearts from straying into the mindset of better options. Discuss which one(s) you need to apply and how.
 - o Protect your heart by hiding God's Word in it (read Psalm 119:11)
 - o Don't wander
 - o Have a plan – set up clear boundaries and be accountable
- Jesus moved heaven and earth to declare to you that 'you are the one.' He chose you, died to remove your sins so He could be with you, and loves you more than you will ever comprehend. What is your response to this?

Listen and Respond: Take a minute as a group to prayerfully pause to allow time for members to process the following questions. Allow a few minutes for members to briefly share what God is saying and what they will do. (Pro tip: Leaders, jot down the action steps, send out to the group for prayer and encouragement, then review next meeting.)

What is God saying to you through His Word? How and when will you respond?

Traders Point is offering an online Care Group called Overcoming FOBO! In this online, 4-part group experience, you'll learn how to use biblical principles to make great decisions. [Click here or visit bit.ly/overcoming-FOBO](#) to learn more and register!

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