



# GROUP STUDY GUIDE

WEEK OF MARCH 16, 2025 | I AM THE BREAD OF LIFE

## WARM-UP QUESTION

Think of a memorable meal you shared with friends. What made it special?

## DISCUSS

Read [John 6:1-15](#)

- In this story, a boy offers his lunch of five loaves and two fish (verses 8-9). Where in your life do you find yourself trying to provide more than what you have? Are there areas where you feel inadequate, but God might be calling you to trust Him with what little you can offer?
- Write down Jesus' words from this section (hint: he speaks 3 different times). What do you find interesting about the brevity of His speech, and how does it impact the message He conveys?
- Why does Jesus ask Philip a question in verse 5, knowing the answer already? What does this reveal about how Jesus tests our faith and understanding?
- The people want to make Jesus king because they think He can provide for their perceived needs. What "needs" were the people really waiting for? Do they match the needs Jesus promises to provide for?
- When they attempt to make Him king, Jesus responds by slipping away. What does His response teach us about His purpose and the kind of fulfillment He offers?

Read [John 6:22-35](#)

- The crowd is back in the same place where Jesus had earlier fed them (verses 26-27), yet they are still seeking more. Why do you think they forgot what He did for them? How does this reflect our own tendency to forget God's provision and blessings? Take a moment to make a list of things you are grateful for, reflecting on how Jesus has provided for you in the past.
- Look at verse 29. How does this simple yet profound statement shift your understanding of what God expects from you?
- What is the "true bread" Jesus is referring to in verses 32-33? How does this contrast with the temporary, physical bread they were seeking?
- Last week, we read about Jesus offering "living water" to the Samaritan woman (John 4). This week, He speaks about being the "bread of life." How do these two concepts—living water and bread of life—correlate? What deeper spiritual truths do they reveal about Jesus' ability to satisfy our deepest needs?



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- Why is it significant that Jesus uses the phrase "I Am"? Through a search engine on your phone, look up the seven "I Am" statements listed in the gospel of John (ex: I am the light of the world). What do these tell us about His identity and His divine nature?

## TAKE ACTION

How is God calling you to respond to Jesus as the bread of life? Over and over in Scripture, we see the importance of knowing and doing. Take some time to make an individual commitment statement (I will...) based on your discussion today (ex: I will make a gratitude list three times this week to remember God's faithfulness).

Spend a few minutes praying as a group, asking God to show you what He's saying and what you need to obey to help craft your "I will" statement. Then after praying, share your "I will" statements, keeping them as simple and practical as possible.

Discuss how your group can hold one another accountable to your commitments and **then finish your time by taking communion together.**