



## MESSAGE REVIEW

While forming good habits can be challenging, forming bad habits seems to come easily. Bad habits can stunt progress toward establishing new routines, so it's important to attack the bad habits as well. The good news is that we don't have to rely on our own strength to overcome bad habits. God has made a way to give us new life, and we have a choice to keep our eyes fixed on Jesus daily. He also desires to surround us with others who can encourage us to turn to His transformative Word, which informs our identity and influences our behavior.

## WARM UP QUESTION

If you could teach any class on any subject, what would you teach?

**1** **Read Romans 7:15 & 19.** What is Paul wrestling with here? Do you relate to this? If so, how? Read on to verses 21-25 and discuss what Paul rejoices about in verse 25.

**2** **Read Matthew 5:29.** How does Jesus teach us to approach our sin? Why does He describe such extreme methods of removing temptation? How can we work to see our bad habits through the eyes of Jesus?

**3** **Read Hebrews 12:1-2.** Who are those in the great cloud of witnesses described in verse 1 and how can we be encouraged by their faith? Sin acts as a barrier or a weight that gets in the way of our relationship with Jesus. The answer to removing these barriers is keeping our eyes fixed on Jesus according to verse 2. Share some ways you can encourage one another individually, and also as a group, to stay focused on Jesus each day.

**4** **Read 1 Corinthians 15:33.** Who was Paul referring to when he warned against being fooled by bad company (see the remainder of chapter 15)? What kind of company is bad company? How can surrounding yourself with the wrong people influence your character and your relationship with Jesus?

**5** **Read 2 Corinthians 5:17.** What does it mean to belong to Christ? Who is this promise of new life for? We read in Romans 7:15 & 19 that Paul sometimes struggled with agreeing with his position in Christ as a new creation. Discuss with your group how you can remind yourselves daily of your identity rooted in Jesus, and thank Him for His grace in giving you new life.

## RESPOND

What have you learned about God from His Word? How is He asking you to apply it to your life? When will you apply it?

*Encourage group members to read Daily Bible Reading on the church app or have it delivered to their inbox daily. Subscribe at [tpcc.org/dbr](http://tpcc.org/dbr). Use your group chat to check in on thoughts about these throughout the week!*