need to know: God Helps Me **bible reference:** Exodus 16-17

circle up

Use this time to gather together and get everyone talking. Let your kids know that this is safe place for them to share their feelings, emotions and questions.

 For your elementary-aged kids, ask them about the best part of their week. Allow space for them to share a hard part of their week if they would like.



• For your preschool-aged kids, have them tell you about and draw something fun from their week.

watch

Watch today's Elementary and/or Preschool video on tpcc.org/kids-messages or on the Traders Point Kids YouTube channel.

SAY to your Elementary Schooler:

- Let's toss (or roll) a ball back a forth to each other while we discuss these questions.
 - When the Israelites faced hard times in the desert, what did they do?
 (Grumbled and complained about their circumstances even though God had just freed them)
 - True or False: The Israelites said it would be better to go way out west than stay in the desert and starve. (False, they said they would rather go back to Egypt to be slaves again.)
 - How did God help the Israelites? (By sending manna to fall from the sky and by giving them water from a rock.)
 - True or False: God provided food and water for His people in expected and predictable ways. (False, God provided food called manna that they had never seen before and water flowing out of a rock. Even though he may answer in unexpected ways, we can always trust that He loves us and wants to help us.
 - What are some ways God has helped or taken care of you in the past? (allow responses, when I was afraid, when I moved to a new school, when I was sick, etc.)
 - When can you ask God for help? (anytime!)



october 30th

Parent Guide

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Why can we still trust that God is helping us even if He doesn't do it in the way
we want Him to? (Yes! God's ways of helping us may be different than we expect
but He always cares for us.)

SAY to your Preschooler:

Let's learn a verse from the Bible together. This is Romans 8:28.

God is (both hands point up)
always at work (pound fists on top of each other)
for the good of everyone (two thumbs up)
who loves Him. (hug self)
Romans 8:28 (make book with hands)

have fun together

From playing to praying together, have fun learning more about God!

- Take some time to pray together as a family. Praise God that we can come to Him when
 we need help. Repent for those times when we didn't ask God for help. Ask God to
 answer any prayer requests. Say yes to all God has for us.
- Take turns drawing a picture and have the other person/people guess what was drawn.

Suggested things to draw:

- Cowboy
- Snake
- Boot
- Tumbleweed
- Cowboy Hat

